

September 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <b>NO CLASS LABOUR DAY HOLIDAY</b>	4 Build & Burn Level 2 <b>SEPTEMBER CLASS START</b>	5 Build & Burn Level 1 <b>SEPT. CLASS START Fit &amp; Firm SEPT. CLASS START</b>	6 Build & Burn Level 2 Sept. Class 2	7 <b>Abs &amp; Glutes SEPTEMBER CLASS START</b>	8
9	10 Build & Burn Level 1 Sept. Class 2 Fit & Firm Sept. Class 2	11 Build & Burn Level 2 Sept. Class 3	12 Build & Burn Level 1 Sept. Class 3 Fit & Firm Sept. Class 3	13 Build & Burn Level 2 Sept. Class 4	14 Abs & Glutes Sept. Class 2	15
16	17 Build & Burn Level 1 Sept. Class 4 Fit & Firm Sept. Class 4	18 Build & Burn Level 2 Sept. Class 5 <b>Member Early Bird Ends for October enrollment</b>	19 Build & Burn Level 1 Sept. Class 5 Fit & Firm Sept. Class 5	20 Build & Burn Level 2 Sept. Class 6	21 Abs & Glutes Sept. Class 3	22
23	24 Build & Burn Level 1 Sept. Class 6 Fit & Firm Sept. Class 6	25 Build & Burn Level 2 Sept. Class 7	26 Build & Burn Level 1 Sept. Class 7 Fit & Firm Sept. Class 7	27 Build & Burn Level 2 Sept. Class 8	28 Abs & Glutes Sept. Class 4	29
30	Oct. 1 Build & Burn Level 1 Sept. Class 8 Fit & Firm Sept. Class 8					

October 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Build & Burn Level 1 May Class 8 Fit & Firm Sept. Class 8	2 <b>NO CLASS</b>	3 Build & Burn Level 1 <b>OCTOBER CLASS START Fit &amp; Firm OCTOBER CLASS START</b>	4 <b>NO CLASS TRANSFORMATION CHALLENGE KICKOFF MEETING</b>	5 <b>NO CLASS</b>	6
7	8 <b>NO CLASS THANKSGIVING HOLIDAY</b>	9 Build & Burn Level 2 <b>SEPTEMBER CLASS START TRANSFORMATION CHALLENGE BEGINS</b>	10 Build & Burn Level 1 Oct. Class 2 Fit & Firm Oct. Class 2	11 Build & Burn Level 2 Oct. Class 2	12 <b>Abs &amp; Glutes OCTOBER CLASS START</b>	13
14	15 Build & Burn Level 1 Oct. Class 3 Fit & Firm Oct. Class 3	16 Build & Burn Level 2 Oct. Class 3	17 Build & Burn Level 1 Oct. Class 4 Fit & Firm Oct. Class 4	18 Build & Burn Level 2 Oct. Class 4 <b>Member Early Bird Ends for November enrollment</b>	19 Abs & Glutes Oct. Class 2	20
21	22 Build & Burn Level 1 Oct. Class 5 Fit & Firm Oct. Class 5	23 Build & Burn Level 2 Oct. Class 5	24 Build & Burn Level 1 Oct. Class 6 Fit & Firm Oct. Class 6	25 Build & Burn Level 2 Oct. Class 6	26 Abs & Glutes Oct. Class 3	27
28	29 Build & Burn Level 1 Oct. Class 7 Fit & Firm Oct. Class 7	30 Build & Burn Level 2 Oct. Class 7	31 Build & Burn Level 1 Oct. Class 8 Fit & Firm Oct. Class 8			

◀ October 2018		November 2018						Dec. 2018 ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
				1 Build & Burn Level 2 Oct. Class 8	2 Abs & Glutes Oct. Class 4	3			
4	5 Build & Burn Level 1 NOVEMBER CLASS START Fit & Firm NOVEMBER CLASS START	6 Build & Burn Level 2 NOVEMBER CLASS START	7 Build & Burn Level 1 Nov. Class 2 Fit & Firm Nov. Class 2	8 Build & Burn Level 2 Nov. Class 2	9 Abs & Glutes NOVEMBER CLASS START	10			
11	12 Build & Burn Level 1 Nov. Class 3 Fit & Firm Nov. Class 3	13 Build & Burn Level 2 Nov. Class 3	14 Build & Burn Level 1 Nov. Class 4 Fit & Firm Nov. Class 4	15 Build & Burn Level 2 Nov. Class 4	16 Abs & Glutes Nov. Class 2	17			
18 Member Early Bird Ends for December enrollment	19 Build & Burn Level 1 Nov. Class 5 Fit & Firm Nov. Class 5	20 Build & Burn Level 2 Nov. Class 5	21 Build & Burn Level 1 Nov. Class 6 Fit & Firm Nov. Class 6	22 Build & Burn Level 2 Nov. Class 6	23 Abs & Glutes Nov. Class 3	24			
25	26 Build & Burn Level 1 Nov. Class 7 Fit & Firm Nov. Class 7	27 Build & Burn Level 2 Nov. Class 7	28 Build & Burn Level 1 Nov. Class 8 Fit & Firm Nov. Class 8	29 Build & Burn Level 2 Dec. Class 8	30 Abs & Glutes Nov. Class 4 TRANSFORMATION CHALLENGE ENDS BMBB SOCIAL HOLIDAY PARTY				

◀ Nov. 2018		December 2018						Jan. 2019 ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
						1			
2	3 Build & Burn Level 1 DECEMBER CLASS START Fit & Firm DECEMBER CLASS START	4 Build & Burn Level 2 DECEMBER CLASS START	5 Build & Burn Level 1 Dec. Class 2 Fit & Firm Dec. Class 2	6 Build & Burn Level 2 Dec. Class 2	7 Abs & Glutes DECEMBER CLASS START	8			
9	10 Build & Burn Level 1 Dec. Class 3 Fit & Firm Dec. Class 3	11 Build & Burn Level 2 Dec. Class 3	12 Build & Burn Level 1 Dec. Class 4 Fit & Firm Dec. Class 4	13 Build & Burn Level 2 Dec. Class 4	14 Abs & Glutes Dec. Class 2	15			
16	17 Build & Burn Level 1 Dec. Class 5 Fit & Firm Dec. Class 5	18 Build & Burn Level 2 Dec. Class 5 Member Early Bird Ends for January enrollment	19 Build & Burn Level 1 Dec. Class 6 Fit & Firm Dec. Class 6	20 Build & Burn Level 2 Dec. Class 6	21 Abs & Glutes Dec. Class 3	22			
23	24 NO CLASS	25 NO CLASS	26 NO CLASS	27 NO CLASS	28 NO CLASS	29			
30	31 NO CLASS								